

English Club and Activities via Zoom

Leadership Program
Cross Cultural Conversation Club
Drama Club
Singing Club
Online Cooking
Seasonal events



Extra Speaking Class- Zoom Social Squad

Today the Social Squad will host an extra speaking class. You will practice speaking with other students and play some games.

When: 2:30pm

Tell your teacher if you are interested in attending, and they will share the meeting information with you.



the year of the 牛 (ox)

The Lunar New Year or Spring Festival typically falls between January 21 and February 20 annually. **Lunar New Year 2021, the Year of the Ox** according to the Chinese animal zodiac, begins on February 12 (New Year Day).

It is called the Lunar New Year because it marks the first new moon of the lunisolar calendars traditional to many East Asian countries including China, South Korea (Seollal), and Vietnam (Tet), which are regulated by the cycles of the moon and sun.

Traditionally, it was a way to honour ancestors and household deities and is celebrated by Lion dances and Dragon dances, fireworks and giving red envelopes. It's also a time to visit relatives, spend time with friends and family, and exchange gifts. For more information from the *Insider Guide* click [here](#).

events you can attend

VIRTUAL LUNAR NEW YEAR CELEBRATION
LUNAR NEW YEAR AT THE QUEEN VIC MARKETS
14 Feb

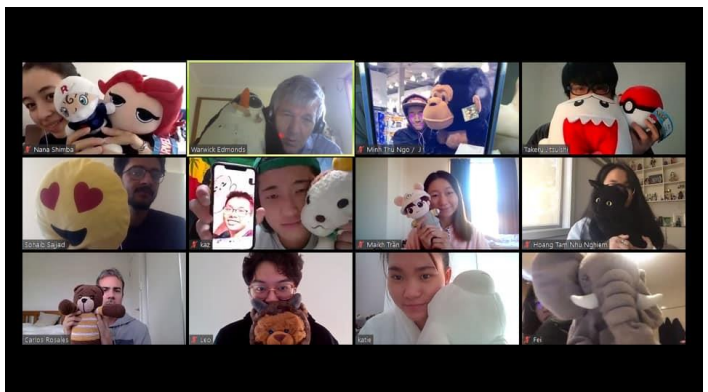
MELBOURNE CHINATOWN NEW YEARS FESTIVAL
11 Feb-14 Feb

SYDNEY LUNAR FESTIVAL
12 Feb-21 Feb

(open this PDF and click on the above links for more information)

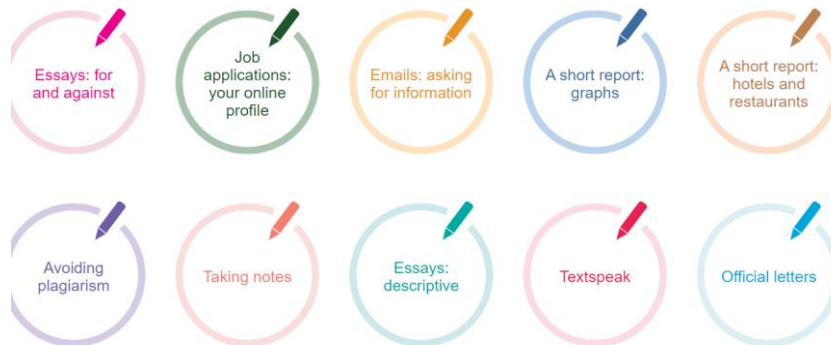
Gong Xi Fa Cai
(wishing you more prosperity)

LUNAR NEW YEAR

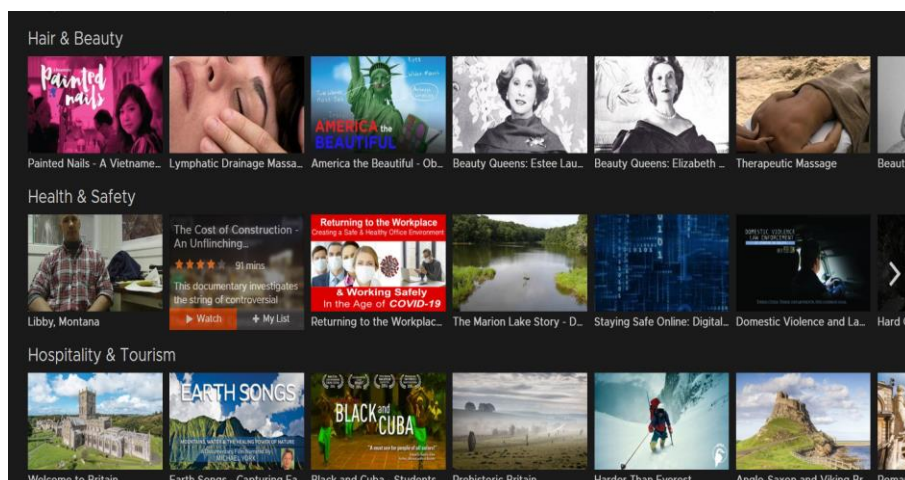
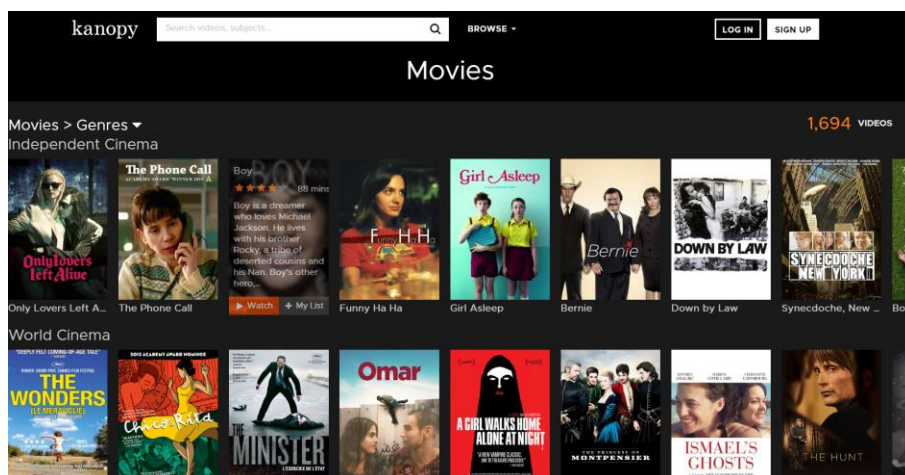


Online English Activities From VU Library

Practicing Writing (writing for your studies and personal life)



Kanopy (movies, documentary and educational films and lessons)



Online Activities from VU Sport

<https://www.vu.edu.au/current-students/campus-life/sport-fitness/thrive-active-living-program-online>

VU SPORT – GAMING MANIA

While we are unable to play sport together, let's bring it online. Join one of our FIFA or 2K tournaments and play against other members of your VU community for the ultimate glory of victory!

We are open to suggestions of other games too. We are planning to run tournaments on the PlayStation 4, Xbox One and earlier consoles if necessary, so no one is left out. Please register your interest by providing some personal details below, as we will use them to design our competitions in the best way possible.

We'd love to have as many players as we can, so spread the word and help us keep everyone connected at a time when it is needed most. When everyone's responses are in, we will contact you all with further details.

REGISTER INTEREST FOR GAMING MANIA

or

JOIN GAMING MANIA ON FACEBOOK

VICTORIA UNIVERSITY STRAVA CLUB

Running or walking can significantly improve physical and mental health.

As a form of aerobic exercise, running or walking can reduce stress and improve heart health. No matter where you are or what your fitness abilities, let's run or walk together separately, share our achievements and support each other during these difficult times.

Join the club and connect with others – and don't forget to give each other kudos!

JOIN THE VU STRAVA CLUB

ASK AN EXERCISE EXPERT

University life from home can be fun, but it can also be hard work. It's important that you look after your physical and mental health so you can make the most of your time.

While people are working and studying at home, VU Sport is now offering free health and exercise advice online.

Get in touch if you have any questions about the following:

- ▶ exercise options while the gyms are closed
- ▶ your goals and achieving them
- ▶ any injuries you may have, and how to work around them
- ▶ general health advice to stay fit and healthy.

Limited appointments are available. Please note: Valid email address required.

Consultations are 15 minutes long.

BOOK AN ONLINE CONSULTATION